



# PE & Sport Magazine

FEBRUARY 2018—Issue3 Although it's been cold outside we have still been enjoying lots of activities!

PERSEVERANCE-ASPIRATION-RESPECT-TEAMWORK

By Mrs Mileham,  
Miss Sparkes and  
Miss Allen

## SPORTS NEWS

### THANET HANDBALL COMPETITION

Go team Garlinge! A team of ten from years 5/6 went to the Handball competition at King Ethelbert's secondary school. They played five different games against all other primary schools in Thanet and scored at least 2 goals in every game!!  
The team represented Team Garlinge in style as they demonstrated all our values well, especially teamwork and respect for each other! Well done.

### CROSS COUNTRY

With the next event fast approaching, children have been attending morning practice and it was lovely to see so many representing TEAM GARLINGE at the Junior Park Run last Sunday. The park runs take place every Sunday at Hartsdown Park and it's free to enter.

Register online at [www.parkrun.org.uk](http://www.parkrun.org.uk) and just turn up!

### LES RIGGS CUP FINAL

The team have been practising every Wednesday lunchtime so that they are match fit for the final on Thursday 22<sup>nd</sup> February. They will face a formidable team from Minster and we wish them luck. A match report will follow in the next newsletter.

### INFANT ATHLETICS FESTIVAL

We took a group of eight children from Year 2 to Dane Court to take part in the Thanet Passport Athletics Festival.

We had an excellent team who used all of their different athletic skills that they had practised in school

They took part in 10 different activities ranging from throwing to running to jumping.

This festival was a taster for the children to prepare them for activities before any future competitions.

### CONTRIBUTORS NEEDED!

If you would like to write a match report or contribute an article to our Sports magazine, then please see Miss Sparkes, Mrs Mileham or Miss Allen



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# PHYSICAL ACTIVITY

## CHANGE 4 LIFE CLUBS

Our Healthy Lifestyle ambassadors have been busy running lunchtime clubs this term for some children in years 3 and 4.

The children who have attended have really enjoyed the active games that the leaders have organised for them.

Children who have taken part have said, **“It’s fun, I can be good at football and sports”** as well as it **“makes me feel better.”**

One of our leaders has said that having the opportunity to run the clubs **“is really nice because we get to make new games for the younger children and for them to have the chance when they’re in year 5 to teach others”**

## PERSONAL CHALLENGES

### The 2 minute skipping challenge

This term we launched ‘personal challenges’ as a part of our Active Play offer and the children have been working on their skipping skills.

It was lovely to see the children practising and trying to beat their scores!

The children that made a great improvement and demonstrated perseverance received a special certificate in sports assembly!

Next term’s personal challenge will be the Illinois agility test! Can you complete the running course in your fastest time?

## P.E. LESSONS

### STREET FOOTBALL

Our Year 5 pupils have been taking part in street football workshops delivered by Yofi from Yo Street Zone. Yofi is an expert in football tricks and the children have loved having the opportunity to learn new skills.



### KIT REMINDER FOR WINTER

As the winter starts to draw in could we please remind you that all children need both indoor and outdoor PE kits. PE kit should consist of:  
black plimsolls, white T- shirt, black shorts, white socks, tracksuit bottoms for cold weather, **trainers for outdoor PE.**

### SCHOOL SPORTS ORGANISING COMMITTEE MAKE A GREAT START

Our new school sports organising crew, SSOC team for short, have been busy this term planning a new house competition which will be starting next term.

They will be organising a lunchtime Dodgeball competition for year 3 on Mondays throughout term 4.

For more information children can ask Miss Sparkes or Miss Allen.

### CRICKET COACHING

All pupils in KS2 have been lucky enough to have an expert cricket coaching session with James Sutton from the Kent County Cricket Association. Year 2 will have their turn next term! If your child is interested in playing cricket out of school, please contact Margate Cricket Club or Westgate Cricket Club. Both would welcome new young players.



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